



Institute of Psychological Studies

Registered under the Tertiary and Vocational Education Commission (TVEC) Reg No.P01/0053.
Affiliated to International Buddhist Relief Organization in the UK (IBRO) UN.Reg NO.1049429
Affiliated to the Sri Lanka Association of Professional Counsellors and Psychotherapists (SLAPC)
No. 455, Galle Road, Colombo 03. Tel 0112555400, 077-3680930, 077-0410930
Email: ipsrilanka81@gmail.com / Website: www.ipsrilanka.lk

Professional Diploma Program Higher Diploma in Counselling and Psychotherapy- 2026 (Advanced Psychotherapy & Research Based Diploma Program)

Eligibility Criteria:

Students who have successfully completed the Diploma in Counselling and Psychotherapy or Counselling Psychology at the Institute of Psychological Studies or any other recognized institution.

Course Duration:

1-year

Starting Date:

03.01.2026 (Class available only two days in a month- First and last week Saturday)

Time:

9.00am - 4.00pm (Saturday)

Medium:

English / Sinhala

Mode:

Online & Physical

Course content:

Counselling Psychology

Exploration in Counseling - 1
Exploration in Counselling - 2
Understanding in Counselling

Integration in Counselling

Parapsychology

Forensic Psychology

Counselling Practice

Counselling skills practice- (case study)
Written evaluation of the case study

Advanced Psychotherapeutic Techniques – (Practical Sessions)

Art Therapy/ Sand Tray Therapy/ Music Therapy/ Mindfulness Based
Cognitive Therapy/ Advance psychotherapeutic techniques are included.

Research Methods

Dissertation

Course Fee:

• Registration Fee	-Rs. 30,000.00
• Exam Fee	-Rs. 45,000.00
• Course Fee	<u>-Rs.180,000.00</u>
Total Fee	<u>-Rs.255,000.00</u>

Payment Options:

Option 1 Total Amount (3% Discount) – Rs.247, 350/-

Option 2 Monthly Payments

- Initial Payment – LKR 30,000/-
- Monthly – LKR 15,000/- 12 (Months)
- Exam - 45,000/-

Bank Account details are as follows:

Account Name: Institute of Psychological Studies

Account Number: 210100125623107

Bank: People's bank

Branch- Co-op house - Kollupitiya

Account Name: Institute of Psychological Studies

Account Number: 1000248959

Bank: Commercial Bank

Branch: Kollupitiya

With Best Wishes...!!

Mrs. Manjula Senanayake

B. A, PGDC (Uni. COL), PGD (Health Psy) Sussex – UK

M. Sc (Counselling Psychology) Keele – UK

FIPC (SL) MBACP (UK)

Director (Institute of Psychological Studies)

Consultant (John Guyer Memorial Counselling Centre)



INSTITUTE OF PSYCHOLOGICAL STUDIES

No 455, Galle Road, Colombo 03. Tel.0112555400/0773680930/0770410930 web:ipssrilanka.lk

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Higher Diploma in Counselling & Psychotherapy - 2026

[Please Use Block Letters and Tick Appropriate Box as Necessary]

Full Name

Home Address

Telephone no (Home) (Mobile)

E-mail Address

Office Address

Office Tel no

Medium

Age Date of Birth / /

Sex Male Female Religion

District Electorate Province

Employment

Present Employment

Name of Dept. /Company / NGO

Nature of Duties

Employment History

Employment	From - To	Dept. / Company / NGO
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If you are selected to a University

Name of University

Faculty

Proposed year of Graduation

Degree

Have you completed any part of the one year Diploma in Counselling and Psychotherapy at the IPS?

Yes No

If Yes, Year Part

Student No Centre

If you are a University Graduate

Name of University	Country	Year	Name of Degree	Subjects
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If you have any educational/ professional Qualifications

Name of Professional Program/ Certificate	Duration	Country
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<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

Whether it is accredited by any Professional Association? Yes No

I hereby certify that the above particulars are true and correct, and furthermore, I agree to abide by all the present rules, regulations including examinations and future enforcements of the institute during my studentship attached to this institute.

Please find enclose an Application and,

M.O. Cash Cheque - Cheque No

For admission First Month Full Course Fees
and for the,

Higher Diploma in Counselling & Psychotherapy

Date

Signature

