



## Institute of Psychological Studies

Registered under the Tertiary and Vocational Education Commission (TVEC) Reg No. P01/0053.  
Affiliated to International Buddhist Relief Organization in the UK (IBRO) UN. Reg NO.1049429  
Affiliated to the Sri Lanka Association of Professional Counsellors and Psychotherapists (SLAPC)  
No. 455, Galle Road, Colombo 03. Tel 011-2555400, 077-3680930, 077-0410930  
Email: [ipsrilanka81@gmail.com](mailto:ipsrilanka81@gmail.com) / Website: [www.ipsrilanka.lk](http://www.ipsrilanka.lk)

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## Diploma in Counseling and Psychotherapy-2026 (Professional Diploma Program)

### Overview:

The Main aim of the Institute of Psychological Studies is to produce academically qualified Professional Counsellors and Psychotherapists in Sri Lanka.

Diploma in Counseling and Psychotherapy is mainly designed for graduates, undergraduates and professionals with different disciplines & experience who wish to excel their carrier in to counselling profession.

### Membership:

Those who have successfully completed the Diploma in Counseling and Psychotherapy are eligible to apply for the membership at Sri Lanka Association of Professional Counsellors and Psychotherapists (SLAPC) which is a professional body of practicing Professional Counsellors and Psychotherapists in Sri Lanka.

### Course duration:

1 year including Part 1 and Part 2 – Starting on 04. 01. 2026 (Sunday) at 9.00am - 4.00pm.

### Medium:

- Sinhala
- English

### Clinical Practice:

- Clinical practice will be arranging by the Institute. OR
- To be completed by the candidate by selecting a placement of his/her preference under the supervision of the Institute.

### Curriculum: (Subjects offered)

#### **Part 1 (6 Months Duration)**

Basic Psychology  
Abnormal Psychology  
Health Psychology  
Child Psychology  
Child Psychopathology`

#### **Part 11 (6 Months Duration)**

Counselling Psychology  
General Techniques in Counselling  
Psychotherapeutic Techniques in Counselling  
Treatment Planning in Counselling  
Counselling Skills  
Counselling Practice-120 hours

## Course Fee:

• Registration Fee	-Rs. 20,000.00
• Exam Fee & Clinical Practice	-Rs. 45,000.00
• Course Fee	<u>-Rs.180,000.00</u>
<b>Total Fee</b>	<b><u>-Rs.245,000.00</u></b>

## Payment Options:

**Option 1** Total Amount (3% Discount) – LKR 237,650/-

**Option 2** Monthly Payment

- Initial Payment – LKR 20,000/-
- Monthly – LKR 15,000/-
- Exam & Clinical Training
  - June – LKR 22,500/-
  - December – LKR 22,500/-

## Course Fee payment method:

You can direct deposit your course fee/registration fee to the bank account of the Institute and email the receipt.

## Bank Account details are as follows:

Account Name: Institute of Psychological Studies  
Account Number: 210100125623107  
Bank: People's bank  
Branch- Co-op house - Kollupitiya

Account Name: Institute of Psychological Studies  
Account Number: 1000248959  
Bank: Commercial Bank  
Branch: Kollupitiya.

## Thanks & Best Regards,

Mrs. Manjula Senanayake

B. A, PGDC (Uni. COL), PGD (Health Psy) Sussex – UK

M. Sc (Counselling Psychology) Keele – UK

FIPC (SL) MBACP (UK)

**Director** (Institute of Psychological Studies)

**Consultant** (John Guyer Memorial Counselling Centre)



## INSTITUTE OF PSYCHOLOGICAL STUDIES

No 455, Galle Road, Colombo 03.

Tel.011-2555400/0773680930/0770410930-Web: [www.ipssrilanka.lk](http://www.ipssrilanka.lk)

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### Diploma in Counselling & Psychotherapy - 2026

[Please Use Block Letters and Tick Appropriate Box as Necessary]

Full Name

Home Address

Telephone no (Home)  (Mobile

E-mail

Address

Office Address

Office Tel no

Medium

Age  Date of Birth  /  /

Sex Male  Female  Religion

District  Electorate  Province

#### Employment

Present Employment

Name of Dept. /Company /

NGONature of Duties

#### Employment History

Employment	From - To	Dept. / Company / NGO
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

**If you are selected to a University**

Name of University

Faculty

Proposed year of Graduation

Degree

Have you completed any part of this one-year Diploma – Higher Certificate Program?

Yes  No

If Yes, Year  Part

Student No  Centre

**If you are a University Graduate**

Name of University	Country	Year	Name of Degree	Subjects
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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**If you have any other educational / professional Qualifications**

Name of Professional Program / Certificate	Duration	Country
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<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

Whether it is accredited by any Professional Association?  Yes  No

I hereby certify that the above particulars are true and correct, and furthermore, I agree to abide by all the present rules, regulations including examinations and future enforcements of the institute during my studentship attached to this institute.

Please find enclosed Application and,

M.O.  Cash  Cheque - Cheque No

For admission  First Month  Full Course Fee

and for the,

Diploma in Counselling & Psychotherapy (Part I)

Diploma in Counselling & Psychotherapy (Part II)

Date

Signature

